



RESULTS FOR 2019 GC XCO CUP #3 THAT TOOK PLACE ON 20 APR 2019 AT XCOSA BIKE PARK, VOORTREKKER MONUMENT



Position	Race Number	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Total Time	Comments
Category: ELITE MALE									
1	1063	WILLIAM MOKGOPO	00:17:36	00:18:26	00:19:05	00:19:22	00:19:33	01:34:01	
2	1064	ANDREJ RAKOW	00:18:48	00:20:23	00:19:22	00:19:21	00:21:32	01:39:26	
3	1060	FRANS NEL	00:17:52	00:19:56	00:20:13	00:21:02	00:21:35	01:40:38	
4	1065	CHRISTO LOURENS	00:20:35	00:21:21	00:21:26	00:21:39	00:21:49	01:46:50	
5	1061	EUGENE ELLIOTT	00:22:07	00:23:16	00:24:36	00:24:40		01:34:39	LPD
Category: JUNIOR FEMALE									
1	1016	NATALIE LONG	00:22:57	00:24:46	00:26:49			01:14:32	
2	1009	KARLA STUMPF	00:22:51	00:24:57	00:43:43			01:31:32	
Category: JUNIOR MALE									
1	1005	MATTEO DAMILANO	00:17:18	00:18:21	00:17:34	00:18:56		01:12:10	
2	1020	HENNIE VAN WYK	00:17:17	00:18:22	00:18:34	00:19:34		01:13:46	
3	1013	ANTON ROELOFSE	00:18:28	00:19:02	00:20:02	00:20:12		01:17:44	
4	1019	CAMELIUS VAN DER RIET	00:18:26	00:19:35	00:20:19	00:20:45		01:19:06	
5	1015	MATTHIAM HOFFMANN	00:19:15	00:20:26	00:21:53	00:21:13		01:22:47	
6	1021	FREDERICK SMIT	00:19:21	00:20:51	00:21:23	00:21:44		01:23:20	
7	1018	THYS VAN DER RIDT	00:19:52	00:21:20	00:21:57	00:21:37		01:24:46	
8	1014	CAMDEN KENCH	00:20:14	00:21:50	00:21:28	00:21:29		01:25:01	
9	1002	MINNAAR BRAND	00:20:24	00:22:15	00:22:28	00:21:12		01:26:19	
10	1001	FREDERIK BOOYSEN	00:20:18	00:21:06	00:22:17	00:23:03		01:26:45	
11	1010	MATTHEW MCDERMOTT	00:20:22	00:21:28	00:22:19	00:23:41		01:27:51	
12	1004	RYAN SCRIMGEOUR	00:19:54	00:21:07	00:22:02	00:25:28		01:28:30	
13	1006	BEVAN MULLER	00:20:56	00:22:59	00:22:53	00:23:28		01:30:16	
14	1008	JAMES ALAN	00:20:49	00:23:14	00:23:12	00:23:34		01:30:50	
15	1007	NATHAN CALITZ	00:24:37	00:25:48	00:28:36			01:19:01	LPD
16	1017	ESTIAN SCHOEMAN	00:19:18					00:19:18	DNF
17	1011	MICHAEL SIMONS	00:22:23					00:22:23	DNF
Category: MASTER MALE									
1	1999	ANDREW MCLEAN	00:18:50	00:19:38	00:20:12	00:20:39		01:19:19	
2	2002	DARREN GALLIAS	00:20:35	00:22:10	00:22:04	00:21:54		01:26:43	
3	2001	IAN BRYAN	00:22:05	00:24:30	00:25:17	00:25:36		01:37:28	
4	1996	LEON MEIJER	00:22:42	00:24:27	00:26:49	00:28:24		01:42:23	
5	2004	GREG HILL	00:24:17	00:26:03	00:26:42	00:27:21		01:44:23	
6	1998	DAVID LONG	00:26:02	00:27:57	00:29:15	00:31:21		01:54:35	
7	2000	FRANCOIS EBERSOHN	00:20:10	00:21:28				00:41:37	DNF
8	1997	FANIE VAN VUUREN	00:26:12	00:29:00				00:55:12	DNF
Category: NIPPER GIRLS									
1	22	SAGE BEETGE	00:05:48	00:06:29				00:12:17	
2	23	SHERNE DE VILLIERS	00:07:22	00:08:17				00:15:39	
Category: SPROG BOYS									
1	245	TANNER BEETGE	00:04:55	00:04:47	00:04:38			00:14:19	
2	247	NICHOLAS VAN DER MERWE	00:05:46	00:03:57	00:04:44			00:14:27	
3	246	JAN-KAREL VERMAAK	00:05:38	00:06:05	00:05:51			00:17:34	
4	244	ANRU VENTER	00:07:52	00:07:53				00:15:45	LPD
Category: SUB JUNIOR MALE									
1	571	MASSIMILLIANO AMBROSI	00:20:01	00:20:27	00:20:59			01:01:27	
2	574	HENDRE SCHOEMAN	00:20:33	00:22:01	00:22:19			01:04:53	
3	570	XAVIER METTLER	00:24:45	00:26:37	00:25:47			01:17:09	
4	573	HERMAN BRAND	00:25:20	00:28:11	00:30:38			01:24:09	
5	572	KHEAGAN HARRISON	00:34:28	00:36:31				01:11:00	
Category: SUB VET FEMALE									
1	1409	ENGELA CONRADIE	00:27:41	00:31:18	00:34:37			01:33:35	

Position	Race Number	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Total Time	Comments
Category: SUB VET MALE									
1	1412	HANNES JORDAAN	00:23:35	00:27:13	00:28:32	00:27:25		01:46:44	
2	1411	WIEHAHN STRAUSS	00:24:52	00:27:58	00:28:48	00:30:10		01:51:48	
3	1415	JULLIAN ODENDAAL	00:26:18	00:27:48	00:28:32	00:29:14		01:51:51	
Category: U/23 FEMALE									
1	2211	DANIELLE STRYDOM	00:19:55	00:21:09	00:21:58	00:22:48		01:25:50	
Category: U/23 MALE									
1	2210	PIETER DU TOIT	00:17:23	00:17:14	00:17:54	00:18:10	00:18:36	01:29:17	
2	2215	DEON DU TOIT	00:18:39	00:19:22	00:20:08	00:20:57	00:22:10	01:41:16	
3	2208	ANTONIE JOUBERT	00:19:16	00:19:59	00:20:20	00:20:53	00:22:50	01:43:18	
4	2212	BOETA VAN STADEN	00:18:58	00:20:16	00:21:02	00:21:26	00:22:32	01:44:13	
5	2213	CHRISTIAAN BURGER	00:19:14	00:19:58	00:21:09	00:21:52	00:22:36	01:44:50	
6	2214	ANDREW HILL	00:22:17	00:23:31	00:25:49	00:25:13		01:36:50	LPD
7	2206	RIKU LE ROUX	00:19:57	00:21:38				00:41:35	DNF
Category: VET FEMALE									
1	1620	MARISA VAN DER LINDE	00:24:58	00:25:23	00:24:52			01:15:13	
2	1627	ETRESIA TERBLANCHE	00:30:00	00:31:37	00:31:41			01:33:18	
Category: VET MALE									
1	1625	DAVID COOKE	00:18:28	00:19:20	00:19:48			00:57:37	
2	1628	SEAN HENDERSON	00:18:59	00:19:53	00:20:29			00:59:21	
3	1624	NICK COOKE	00:19:21	00:20:14	00:20:27			01:00:03	
4	1629	TILL STREICHERT	00:19:15	00:20:39	00:20:39			01:00:34	
5	1626	SEAN OFLYNNMADDEN	00:20:06	00:21:54	00:22:59			01:04:59	
6	1623	DEON STRYDOM	00:22:23	00:25:02	00:29:11			01:16:37	
Category: YOUTH FEMALE									
1	817	CAITLIN THOMPSON	00:23:51	00:25:46	00:27:14			01:16:51	
2	842	MARJONE STRYDOM	00:24:18	00:27:15	00:27:58			01:19:31	
3	825	KATHLEEN BAKER	00:25:36	00:29:03	00:32:32			01:27:11	
4	815	MELISSA STRAUSS	00:29:12	00:33:27	00:35:05			01:37:44	
5	812	LAURIESAN BRETT	00:28:53	00:36:41	00:41:06			01:46:40	
6	838	NICOLE BEZUIDENHOUT	00:31:34	00:38:24	00:45:03			01:55:01	
7	818	ANASTACIA CURTIS	00:35:32	00:42:31				01:18:03	
8	810	LEAH ELLIOTT	00:32:53	00:45:12				01:18:05	
Category: YOUTH MALE									
1	811	BERTIE ANDERSON	00:17:59	00:19:04	00:19:13	00:19:44		01:16:00	
2	826	NATHAN NAUDE	00:18:23	00:19:00	00:19:34	00:20:52		01:17:49	
3	841	PHILLIP NAUDE	00:19:36	00:20:22	00:20:05	00:20:41		01:20:43	
4	834	SIMEON JOUBERT	00:19:30	00:21:10	00:21:10	00:20:41		01:22:32	
5	827	REUBEN NAUDE	00:19:33	00:20:26	00:21:46	00:22:49		01:24:34	
6	816	KYLE TOLMAY	00:20:12	00:22:16	00:22:09	00:21:35		01:26:12	
7	823	JOHN-DEAN DE VILLIERS	00:21:12	00:21:01	00:21:52	00:23:44		01:27:50	
8	832	PHILIP MORKEL	00:22:28	00:20:51	00:21:49	00:22:47		01:27:55	
9	833	HUGO VAN AS	00:20:39	00:21:57	00:23:01	00:23:41		01:29:18	
10	840	JOHAN VAN DEVENTER	00:20:38	00:22:03	00:23:31	00:23:45		01:29:57	
11	819	PAUL STEENKAMP	00:21:57	00:23:45	00:24:04	00:24:43		01:34:29	
12	835	JACQUES VAN STADEN	00:20:30	00:22:04	00:29:07	00:22:52		01:34:33	
13	830	ADRIAN STARK	00:21:54	00:23:42	00:24:49	00:28:11		01:38:36	
14	814	JOHNATHAN ROBB	00:23:04	00:24:42	00:26:26	00:27:57		01:42:10	
15	824	CHRISLYN SCHOEMAN	00:21:02	00:25:43	00:28:49	00:26:45		01:42:19	
16	839	JACQUES MARAIS	00:21:44	00:24:41	00:31:28	00:26:24		01:44:17	
17	822	JARED REDPATH	00:22:38	00:28:04	00:30:19	00:32:24		01:53:24	
18	828	ANDRE RAS	00:21:48	00:28:45	00:31:33	00:31:25		01:53:31	
19	831	HANNES BUYS	00:28:22	00:32:32	00:31:19			01:32:14	LPDD
20	836	SETH GORDON	00:22:26	00:20:52				00:43:18	DNF
21	829	RIAAN OBERHOLSTER	00:24:40	00:26:54				00:51:34	DNF