

Age Category	Position	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Final
Nipper	1	Ben du Plessis	00:32:00								00:32:00
	2	Kiaan Victor	00:33:00								00:33:00
	3	Jared Wilson	00:46:00								00:46:00
SPROG Boys	1	Chris du Plessis	No time	No time							00:34:42
	2	Aaron Michell	No time	No time							00:35:42
	3	Matthew van der Walt	No time	No time							01:01:19
SPROG Girls	1	Kaylin Prinsloo	No time	No time							00:58:07
	2	Leah Barbosa	No time	No time							01:08:10
	3	-	-	-							-
Sub Junior Boys	1	Ruan van Zyl	No time	No time	No time						00:52:13
	2	Hanno van der Walt	No time	No time	No time						00:55:44
	3	-	No time	No time	No time						-
Sub Junior Girls	1	Mariette Kemp	No time	No time	No time						01:04:24
	2	Ruth Avierinos	No time	No time	No time						01:21:18
	3	-	-	-	-						-
Youth Boys	1	Joel Hibber	00:18:00	00:14:00	00:15:00	00:15:00	00:15:00				01:17:00
	2	Frans Nel	00:19:00	00:16:00	00:16:00	00:16:00	00:17:00				01:24:00
	3	Wade Prinsloo	00:19:00	00:16:00	00:17:00	00:16:00	00:17:00				01:25:00
Youth Girls	1	Claudia Enslin	No time	No time	No time	No time					-
	2	-	-	-	-						-
	3	-	-	-	-						-
Junior Men	1	W. Steyn	00:19:00	00:16:00	00:17:00	00:18:00	00:17:00	00:18:00			01:45:00
	2	J. Theron	00:19:00	00:17:00	00:18:00	00:17:00	00:19:00	00:20:00			01:50:00
	3	J. Fourie	00:21:00	00:16:00	00:17:00	00:17:00	00:19:00	00:20:00			01:50:00
Junior Women	1	Marilyn McDermot	No time	No time	No time	No time	No time				-
	2	-	-	-	-	-	-				-
	3	-	-	-	-	-	-				-
Elite Men	1	Burry Stander	00:13:05	00:13:08	00:13:31	00:13:33	No time	00:13:25	00:13:34	00:13:23	01:47:34
	2	Phillip Buys	00:13:07	00:13:10	00:13:39	00:13:33	No time	00:13:28	00:13:34	00:13:23	01:47:37
	3	Louis-Bresler Knipe	00:13:18	00:14:53	00:14:07	00:14:10	No time	00:14:10	00:14:22	00:14:00	01:53:01
Elite Women	1	Lauren Pierce	No time	No time	No time	No time	No time	No time			No time
	2	Mirauda Vermeulen	No time	No time	No time	No time	No time	No time			No time
	3	-	-	-	-	-	-	-			-
Sub-Vet Men	1	Julius Corbett	No time	No time	No time	No time	No time	No time			No time
	2	Sean McCormick	No time	No time	No time	No time	No time	No time			No time
	3	Darren Wilson	No time	No time	No time	No time	No time	No time			No time
Sub-Vet Women	1	Annie David	No time	No time	No time	No time	No time				No time
	2	-	-	-	-	-	-				-
	3	-	-	-	-	-	-				-
Vet Men	1	Francois Ebersson	No time	No time	No time	No time	No time				No time
	2	Sean O'Flynn-Madden	No time	No time	No time	No time	No time				No time
	3	Michael McDermot	No time	No time	No time	No time	No time				No time
Vet Women	1	Nataly Barbosa	No time	No time	No time	No time					No time
	2	Tania du Plessis	No time	No time	No time	No time					No time
	3	-	-	-	-	-	-				-
Master Men	1	Anthony Bennet	No time	No time	No time	No time					01:09:13
	2	Collin Gibbings	No time	No time	No time	No time					01:09:30
	3	Mike Cronje	No time	No time	No time	No time					01:20:28
Grand Master Men	1	Charles Stander	No time	No time	No time						No time
	2	Wendel Bole	No time	No time	No time						No time
	3	-	-	-	-						-
Grand Master Women	1	Lee-Ann Pearton	No time	No time							No time
	2	-	-	-							-
	3	-	-	-							-