



**FINAL RESULTS OF 2016 GAUTENG XCO CUP RACE #3 THAT TOOK
PLACE ON 4 JUNE 2016 AT VOORTREKKER MONUMENT**
(Contact Pierre Nel at pierre.xcosa@gmail.com for queries)

Position	Race Number	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Total Time
Category: Elite Men										
1	1132	WADE PRINSLOO	11:26	11:47	11:55	11:57	12:05	12:06	12:09	01:23:25
2	1190	GUYLIN VAN DEN BERG	11:36	12:11	12:27	12:36	12:32	13:06	12:54	01:27:21
3	1175	EDWILL O'NEILL	11:44	12:46	12:52	12:48	12:52	13:07	13:10	01:29:18
4	1173	COBUS VAN DEN BERG	11:56	13:02	13:08	13:33	13:21	13:01	12:51	01:30:53
5	1172	KYLE WOOD	11:45	12:35	13:19	13:15	13:42	14:26	13:36	01:32:36
6	1128	FRANS NEL	11:31	12:01	12:29	18:25	12:50	12:58	12:50	01:33:04
7	1186	IAN PIENAAR	12:50	13:25	13:49	13:42	13:51	13:31	14:12	01:35:21
8	1171	JOHANNES MASOTLA	12:54	12:51	14:03	14:26	15:28	16:14		LPD
9	1127	GIULIANO GIORDANI	13:50	15:02	15:12	15:27	15:45	16:06		LPD
10	1151	BRANDON HINTON	13:58	16:47	15:30	15:34	15:38	16:05		LPD
11	1164	EUGENE ELLIOTT	15:35	17:54	18:29	18:08	18:35			LPD
Category: Elite Women										
1	1150	SARAH HILL	14:08	14:44	15:03	15:08	15:01			01:14:05
2	1174	CARMEN BASSINGWAIGHTE	14:11	15:00	15:19	14:58	15:32			01:15:01
3	1163	MARLI VAN EEDEN	16:42	18:53	18:24	19:40	18:54			01:32:34
Category: Junior Men										
1	812	HENRY LIEBENBERG	11:21	11:43	12:02	11:55	12:12			00:59:13
2	803	WESSEL BOTHA	11:23	11:43	12:02	12:33	11:36			00:59:18
3	810	RAYNARD CLAASENS	11:55	12:16	12:33	12:51	13:13			01:02:48
4	811	WESSEL REDELINGHUIS	11:41	13:00	13:14	12:59	12:58			01:03:52
5	805	MBUYISENI DLADLA	13:21	13:53	14:32	16:10	17:20			01:15:16
6	807	TLELE MOKGOPO	13:36	15:10	16:00	17:31	20:08			01:22:25
7	813	MARINUS DE FOUW	14:56	18:00	18:03	16:20				01:07:18
8	804	THULARE MABULA	13:20	14:43	25:25	15:41				01:09:08
9	806	DONALD LESEILANE	14:32	30:28	15:54	13:22				01:14:16
Category: Junior Women										
1	809	SAFFRON VOSLOO	14:48	16:26	16:35	16:48				01:04:37
2	808	MEGAN BEZUIDENHOUT	22:17	23:37	25:19					01:11:13
Category: Master Men										
1	1815	PAUL CANNON	14:08	13:31	13:31	13:29				00:54:39
Category: Master Women										
1	1816	CHRISTELLE LE ROUX	19:40	20:40	20:19					01:00:39
Category: Nipper Boys										
1	135	WIUM DU TOIT	24:19	26:15						00:50:34
Category: Nipper Girls										
1	136	CAITLIN MCCOY	16:07	17:00						00:33:07
2	131	AMILEE HOLBOROW-BROWNE								DNF
Category: Sprog Boys										
1	206	MARLO STRYDOM	12:29	13:47	13:46					00:40:02
Category: Sprog Girls										
1	204	LAURIESIAN BRETT	15:20	15:44	17:40					00:48:44
2	205	WILLOW HOLBOROW-BROWNE								DNF
Category: Sub Junior Boys										
1	439	MIGUEL MOUTINHO	13:14	14:09	14:26					00:41:50
2	438	JAEDON TERLOUW	13:53	15:18	14:23					00:43:34
3	428	LIAM MCCOY	14:41	15:01	14:52					00:44:35

4	442	HENCO MARAIS	14:43	15:40	16:01					00:46:24
5	436	CHRISTIAAN BAUMAN	17:16	19:09	18:56					00:55:21
6	434	LUNGELO SIBANDA	17:48	19:00	20:22					00:57:10
7	435	DE VOS GILBERT	17:23	19:22	21:00					00:57:44

Category: Sub Junior Girls

1	441	MARJONE STRYDOM	16:13	16:27						00:32:40
2	440	KELLY RANDLE	19:06	19:31						00:38:37
3	443	SUNIQUE VAN DER WALT	21:09	25:10						00:46:19
4	437	JADE SLABBERT								DNF

Category: Sub Veteran Men

1	1333	DEWALD LOTTER	11:13	12:25	12:13	12:14	12:18			01:00:23
2	1330	MICHAEL MAINE	12:10	13:03	12:57	12:58	13:06			01:04:15
3	1324	ANDREJ RAKOW	12:47	13:19	12:55	13:03	13:25			01:05:29
4	1328	PEADAR MITCHELL	12:33	13:17	13:03	13:56	14:10			01:07:00
5	1326	BRUCE LYWOOD	13:02	14:33	14:29	14:40	14:12			01:10:56
6	1323	HENNIE VAN ROOYEN	13:37	15:00	15:00	14:55	15:02			01:13:35
7	1335	DAVID ALIKISENTE	14:38	15:40	15:23	15:18	15:49			01:16:48
8	1336	NICK MALLANDAIN	15:13	16:17	16:13	16:35				LPD
9	1334	GREG OLIVIER	16:53	18:22	18:57	18:38				LPD

Category: Sub Veteran Women

1	1331	KIM LOMBARD	29:56	35:38	35:30	45:26				02:26:31
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Category: Veteran Men

1	1419	ANDRE TERLOUW	13:06	14:01	14:29	15:21	14:38			01:11:36
2	1420	DARREN WILSON	14:08	15:18	16:19	16:40	18:23			01:20:48
3	1418	BYRON GILBERT	15:17	17:01	16:59	17:41				01:06:58

Category: Youth Men

1	755	RYAN CONRADIE	11:04	11:40	11:37	11:45				00:46:06
2	749	WICUS BREYTENBACH	11:39	12:22	12:50	12:12				00:49:04
3	761	HENNIE VAN WYK	12:19	12:34	12:47	13:09				00:50:49
4	757	ERICK HEYNS	12:14	13:14	13:27	13:13				00:52:08
5	764	RIKU LE ROUX	12:24	13:06	13:37	14:16				00:53:23
6	720	ANDREAS SCHALEKAMP	12:59	13:29	13:49	13:46				00:54:02
7	767	FREDDIE HUMPHREYS	13:40	12:58	13:41	13:57				00:54:15
8	744	LIAM EDWARDS	14:13	13:15	13:51	13:26				00:54:46
9	754	ANDREW HILL	12:55	13:35	14:29	13:52				00:54:52
10	760	KEAGAN BONTEKONING	13:12	13:00	12:39	16:23				00:55:14
11	756	KIRSTEN PIETERS	13:52	13:43	14:02	14:27				00:56:04
12	714	ERNEST MASETLA	14:47	15:22	16:26	15:28				01:02:04
13	643	JANRU BENEKE	15:31	15:42	15:47	15:35				01:02:35
14	758	LESETJA MOHLABA	15:08	16:10	16:01	15:33				01:02:53
15	763	DIHANN BOTHA	14:50	15:59	16:29	16:06				01:03:24
16	743	DAMON FOUCHEE	19:42	17:02	17:50					LPD
17	753	DEWALD CARELSEN	18:25	18:12	21:22					LPD
18	728	RAINIER JOUBERT	17:32	19:34	21:23					LPD
19	747	JAN-HARM LINDEQUE	14:16	15:13	31:15					LPD
20	711	ZACH SWANEPOEL	20:53	26:40	25:45					LPD
21	748	MELCOLM BOTES	14:00	14:46						DNF
22	765	ALEX DE WAAL	15:05	16:54						DNF
23	750	BENDEON MYBURGH	12:17							DNF
24	762	MATTHIAM HOFFMANN	13:48							DNF

Category: Youth Women

1	768	RIMARI SUTTON	14:39	15:55	16:03					00:46:38
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2	759	NICOLA VAN DER WALT	15:07	16:06	16:29					00:47:43
3	769	MONIQUE DU TOIT	15:49	16:36	16:37					00:49:01
4	752	PRAYER MBULAWA	17:57	19:27	21:54					00:59:18
5	766	ROBIN STEWART	18:38	20:10						LPD