



Health alert

Are you experiencing any of the following symptoms?

- Headaches
- Shooting pains in the body
- Pins and needles in feet and hands
- Nausea
- Burning skin and/ or rashes
- Chronic sinus problems
- Nosebleeds
- Tinnitus / ringing in ears
- Hair loss
- Blurry vision
- Dizziness
- Thyroid problems
- Gastric disturbances i.e. gastroenteritis (repetitive) or excessive burping
- Breathing problems and/or a pressure on the chest

Pets

- Hair loss
- Seizures

Plants/ Trees

- Scorch marks
- Unexplained plant/ tree deaths

Kindly send us an email describing these symptoms or alternatively complete one of our health questionnaires at <http://www.emrrfsa.org/health-questionnaires/> and email to medical@emrrfsa.co.za