



**RESULTS FOR 2019 GC XCM (MARATHON) CHAMPIONSHIPS THAT  
TOOK PLACE ON 3 AUG 2019 AT XCOSA BIKE PARK, VOORTREKKER  
MONUMENT**

*(Kindly direct inquiries [via email](mailto:pierre.xcosa@gmail.com) to [pierre.xcosa@gmail.com](mailto:pierre.xcosa@gmail.com))*



Position	Race Number	Name	Lap1	Lap2	Lap3	Total Time	Comments
<b>Category: 20KM OPEN FEMALE</b>							
1	701	ANNI SUMMER	00:54:21			00:54:21	
2	855	AIMEE-LOUISE ARMSTRONG	01:02:38			01:02:38	
3	811	BERNELEE DOSTER	01:05:20			01:05:20	
4	702	RUTH BEHR	01:18:55			01:18:55	
<b>Category: 20KM OPEN MALE</b>							
1	704	MELCO DU PLESSIS	00:47:22			00:47:22	
2	765	GAVIN COETZEE	01:02:29			01:02:29	
3	706	ROELOF VAN HEERDEN	01:16:30			01:16:30	
4	705	KYLE EDWARDS	01:24:39			01:24:39	
5	707	JACO DE VOS	02:01:42			02:01:42	
	703	STEPHAN VAN DER WALT					DNS
<b>Category: 20KM SUB JUNIOR FEMALE</b>							
1	580	KITA UYS	00:54:11			00:54:11	
2	581	KYLA UYS	01:04:49			01:04:49	
4	554	KARLA DU PREEZ	01:07:25			01:07:25	
5	569	MADISON COOMBIE	01:08:18			01:08:18	
6	560	AMORE LUDIK	01:09:25			01:09:25	
7	547	LISA KOTZEE	01:20:54			01:20:54	
8	548	HELEN WILSON	01:20:55			01:20:55	
9	549	ASHLEY DOSTER	01:23:22			01:23:22	
10	577	KAYLA RANDALL	01:39:35			01:39:35	
11	550	MARGITTE KIRSTEIN	01:46:32			01:46:32	
12	579	JOANE DE VOS	01:57:23			01:57:23	
<b>Category: 20KM SUB JUNIOR MALE</b>							
1	544	SHAUN WOLFAARDT	00:46:01			00:46:01	
2	540	WAYDE GERBER	00:48:13			00:48:13	
3	563	WIAN VERWEERD	00:50:54			00:50:54	
4	541	JONATHAN SMIT	00:53:37			00:53:37	
5	538	ZANDER VENTER	00:53:39			00:53:39	
6	551	DEVON MCGUIRE	00:54:13			00:54:13	
7	586	GUSTAV ROLLER	00:54:14			00:54:14	
8	588	JOSH VAN DER MERWE	00:56:44			00:56:44	
9	568	CANION VILJOEN	00:57:36			00:57:36	
10	573	EBEN DE WIT	00:58:31			00:58:31	
11	558	MARTIN DE BRUIN	01:03:08			01:03:08	
12	546	JEROEN VAN HEERDEN	01:03:38			01:03:38	
13	571	MICHIEL MAAS	01:03:40			01:03:40	
14	584	LEON BURGER	01:03:42			01:03:42	
15	576	MATTHEW FRATTAROLI	01:03:50			01:03:50	
16	565	REECE STEYN	01:05:40			01:05:40	
17	557	WIAN BADENHORST	01:06:04			01:06:04	
18	556	JANKO VAN ZYL	01:06:07			01:06:07	
19	561	JT STRYDOM	01:06:09			01:06:09	
20	552	CHRISTIAAN PORTWIG	01:06:51			01:06:51	
21	566	CONNOR BELL	01:07:58			01:07:58	

Position	Race Number	Name	Lap1	Lap2	Lap3	Total Time	Comments	
	22	574	DECLYN FOURIE	01:10:25			01:10:25	
	23	553	TJAART MENTZ	01:11:15			01:11:15	
	24	572	ANDREW NORTJIE	01:11:20			01:11:20	
	25	570	BEN GERBER	01:13:22			01:13:22	
	26	587	CLIFF COOMBE	01:13:26			01:13:26	
	27	542	REUBEN JORDAAN	01:14:23			01:14:23	
	28	585	DIRK DE KOCK	01:20:46			01:20:46	
	29	539	BRANDON LE ROUX	01:29:46			01:29:46	
	30	582	ETHAN OOSTHUIZEN	01:43:29			01:43:29	
	31	575	JONATHAN FRATTAROLI	01:44:20			01:44:20	
	32	578	MICHAEL DRAKE	01:48:32			01:48:32	
	33	583	JACO VENTER	02:01:56			02:01:56	
		567	LIAM CRACKETT					DNS
		564	CARL ERASMUS					DNS
		545	ANTHONY HANDS					DNS
		543	FOUCHE GROBLER					DNS
		555	ETHAN KLIBBE					DNS
		559	RION LE GRANGE					DNS
		562	KYLE PRESTON					DNS
<b>Category: 40KM JUNIOR FEMALE</b>								
	<b>1</b>	<b>1001</b>	<b>ALISON CRICHTON</b>	<b>01:03:13</b>	<b>01:08:27</b>	<b>01:18:16</b>	<b>03:29:56</b>	
	<b>2</b>	<b>988</b>	<b>MARGO DE BRUIN</b>	<b>01:01:40</b>	<b>01:13:26</b>	<b>01:18:42</b>	<b>03:33:49</b>	
		1006	CHENE NIEMAND	01:04:44	01:18:12		02:22:56	DNF
		987	KARLA STUMPH					DNS
<b>Category: 40KM JUNIOR MALE</b>								
	<b>1</b>	<b>990</b>	<b>HENNIE VAN WYK</b>	<b>00:37:35</b>	<b>00:43:48</b>	<b>00:41:54</b>	<b>02:03:17</b>	
	<b>2</b>	<b>982</b>	<b>KONRAD SPANIG</b>	<b>00:39:57</b>	<b>00:42:59</b>	<b>00:46:06</b>	<b>02:09:02</b>	
	<b>3</b>	<b>994</b>	<b>JEAN VAN STADEN</b>	<b>00:39:29</b>	<b>00:43:26</b>	<b>00:48:18</b>	<b>02:11:13</b>	
	4	997	MATTEO DAMILANO	00:40:43	00:44:35	00:51:35	02:16:53	
	5	993	LUHANDRE LUDIK	00:43:03	00:47:20	00:46:37	02:16:59	
	6	1008	JAHN DE BRUYN	00:44:41	00:48:20	00:48:52	02:21:53	
	7	1007	JUWAN JORDAAN	00:43:28	00:48:44	00:50:41	02:22:52	
	8	991	FREDERIK BOOYSEN	00:43:05	00:47:19	00:55:53	02:26:17	
	9	1002	DEAN DU TOIT	00:47:22	00:46:19	00:53:21	02:27:02	
	10	1013	DE VOS GILBERT	00:46:22	00:50:11	00:51:04	02:27:36	
	11	1014	JUANDRE PRINSLOO	00:51:23	00:50:14	00:51:00	02:32:37	
	12	983	BEVAN MULLER	00:46:05	00:50:42	00:52:48	02:29:35	
	13	992	JAYDEN SMITH	00:44:39	00:50:33	00:54:41	02:29:53	
	14	1000	MATTHEW MCDERMOTT	00:45:18	00:50:16	00:55:25	02:30:59	
	15	775	JANRU BENEKE	00:55:43	00:48:50	00:52:36	02:37:09	
	16	1012	CORNEL VAN DER VYVER	00:46:27	00:50:28	01:00:36	02:37:31	
	17	1011	MARNUS BEETGE	00:51:48	01:03:04	01:14:19	03:09:11	
	18	1004	MUHAMMAD SCHLOSS	01:04:04	01:10:20	01:35:48	03:50:12	
		1005	SHANE COWLEY	00:50:04	00:58:05		01:48:09	DNF
		999	NATHAN CALITZ	00:54:12	01:07:03		02:01:15	DNF
		998	RYAN SCRIMGEOUR	00:53:47	01:07:32		02:01:19	DNF
		1017	MARNUS PRINSLOO	00:55:12	01:07:43		02:02:55	DNF
		996	RALDEN DU TOIT	01:20:12	01:09:21		02:29:33	DNF
		1003	JASHEEN THAVALAL	01:14:41	01:31:09		02:45:50	DNF
		985	BRANDEN DE DOUALIER	00:59:48			00:59:48	DNF

Position	Race Number	Name	Lap1	Lap2	Lap3	Total Time	Comments
	984	CAMERON GRIFFEN-COETZER	01:03:08			01:03:08	DNF
	986	WARREN KRIEL	01:03:18			01:03:18	DNF
	981	DANIE HYMAN					DNS
	1018	JEAN BLIGNAUT					DNS
	1009	ERIC KROS					DNS
	1010	JACQUES KOEKEMOER					DNS
	1015	RIAAN VAN DER WALT					DNS
	1016	HANS-COERT EBERSOHN					DNS
<b>Category: 40KM OPEN FEMALE</b>							
<b>1</b>	<b>760</b>	<b>ETRESIA TERBLANCHE</b>	<b>00:54:08</b>	<b>00:58:42</b>		<b>01:52:50</b>	
<b>2</b>	<b>773</b>	<b>GUILIA DAMILANO</b>	<b>01:00:42</b>	<b>01:04:43</b>		<b>02:05:26</b>	
<b>3</b>	<b>700</b>	<b>CHRISTELLE LE ROUX</b>	<b>01:11:09</b>	<b>01:14:43</b>		<b>02:25:52</b>	
	779	BELINDA VAN DER MERWE					DNS
<b>Category: 40KM OPEN MALE</b>							
<b>1</b>	<b>764</b>	<b>JARRYD HORN</b>	<b>00:42:43</b>	<b>00:46:54</b>	<b>00:54:43</b>	<b>02:24:20</b>	
<b>2</b>	<b>774</b>	<b>STEPHAN VAN DER WALT</b>	<b>00:43:27</b>	<b>00:50:37</b>	<b>00:54:14</b>	<b>02:28:18</b>	
<b>3</b>	<b>769</b>	<b>BYRON GILBERT</b>	<b>00:48:14</b>	<b>00:57:48</b>	<b>01:04:05</b>	<b>02:50:07</b>	
4	770	MICHAEL FALK	00:52:13	00:59:13	00:58:44	02:50:09	
5	1054	ETIENNE VAN DER MERWE	00:45:09	01:05:09	01:07:09	02:57:27	
	768	DIRK UYS	00:58:20	00:56:31		01:54:51	DNF
	755	ANDRE MARTIN	00:58:05	01:07:23		02:05:28	DNF
	756	JACO NEL	00:50:31	01:06:56		02:05:29	DNF
	762	CONRAD STARK	00:59:34	01:05:59		02:05:32	DNF
	758	HERCU DU PREEZ	00:58:08	01:08:46		02:06:53	DNF
	754	MIKE BEHR	00:59:48	01:07:46		02:07:34	DNF
	1630	RIAAN DU TOIT	01:03:46	01:07:32	No data	02:11:18	DNF
	761	VIVALDO DAMILANO	01:06:08	01:09:16		02:15:24	DNF
	752	FRANCOIS GERBER	01:06:02	01:09:23		02:15:25	DNF
	751	GERRIT BEZUIDENHOUT	01:02:40	01:12:57		02:15:37	DNF
	778	ALLEN SCRIMGEOUR	01:06:13	01:11:53		02:18:06	DNF
	766	MICHAEL RABDALL	00:56:45	01:28:15		02:25:01	DNF
	767	CRONJE BURGER	01:12:21	01:23:44		02:36:04	DNF
	759	JAN ALBERT DE KOCK	00:42:48			00:42:48	DNF
	771	PIET CALITZ	01:30:21			01:30:21	DNF
	776	ETIENNE VAN DER MERWE					DNS
	777	JEAN BLIGNAUT					DNS
	757	MYNHARDT DE BRUIN					DNS
	753	SHANE COWLEY					DNS
	763	MICHAEL CAPON					DNS
<b>Category: 40KM YOUTH FEMALE</b>							
<b>1</b>	<b>819</b>	<b>DINE CIERENBERG</b>	<b>01:00:20</b>	<b>01:04:11</b>		<b>02:04:32</b>	
<b>2</b>	<b>853</b>	<b>LAURIESAN BRETT</b>	<b>00:59:30</b>	<b>01:05:51</b>		<b>02:05:21</b>	
<b>3</b>	<b>846</b>	<b>MELISSA STRAUSS</b>	<b>01:02:56</b>	<b>01:08:35</b>		<b>02:11:31</b>	
4	843	TALIA BEHR	01:07:45	01:15:17		02:23:03	
5	856	ANGELIQUE PIENAAR	01:31:09	01:23:36		02:54:46	
	820	LEAH ELLIOT					DNS
<b>Category: 40KM YOUTH MALE</b>							
<b>1</b>	<b>859</b>	<b>PHILLIP NAUDE</b>	<b>00:41:58</b>	<b>00:43:28</b>		<b>01:25:26</b>	
<b>2</b>	<b>823</b>	<b>KYLE TOLMAY</b>	<b>00:44:01</b>	<b>00:46:09</b>		<b>01:30:10</b>	
<b>3</b>	<b>821</b>	<b>REGARDT VAN HENGEL</b>	<b>00:43:56</b>	<b>00:46:28</b>		<b>01:30:24</b>	

Position	Race Number	Name	Lap1	Lap2	Lap3	Total Time	Comments
4	841	BERTIE JNR ANDERSON	00:45:54	00:47:47		01:33:41	
5	772	CARL ERASMUS	00:47:18	00:48:46		01:36:04	
6	822	INUS DU PREEZ	00:45:44	00:50:22		01:36:06	
7	802	JOHN-DEAN DE VILLIERS	00:45:56	00:50:20		01:36:15	
8	828	RUANN VERWEERD	00:47:25	00:49:42		01:37:07	
9	827	ANDRE VAN DER WALT	00:47:24	00:49:44		01:37:08	
10	806	DUVARD RAUBENHEIMER	00:47:41	00:49:44		01:37:24	
11	847	AARON PIETERSEN	00:48:48	00:48:48		01:37:36	
12	848	WIEHAN NAGEL	00:48:26	00:50:38		01:39:03	
13	995	DEWALDT STREICHER	00:48:26	00:50:41		01:39:07	
14	805	GC STRUWIG	00:47:40	00:53:55		01:41:34	
15	816	EMILE VAN NIEKERK	00:51:26	00:50:23		01:41:49	
16	864	DUVAN VAN DER VYVER	00:51:19	00:51:28		01:42:47	
17	829	WIAN JOUBERT	00:50:19	00:52:30		01:42:49	
18	866	ADRIAN STARK	00:49:14	00:53:39		01:42:54	
19	861	XANDER COETZEE	00:51:18	00:52:09		01:43:27	
20	803	KADE BARNES	00:50:06	00:54:05		01:44:11	
21	824	RUDIGER KLOPPER	00:51:27	00:54:51		01:46:19	
22	826	ARNO LOMBAARD	00:51:29	00:56:05		01:47:35	
23	831	JOHAN RAATH	00:55:05	00:56:05		01:51:10	
24	857	JOHANN KNOBEL	00:54:31	00:56:54		01:51:25	
25	862	CHRISTOFF DE VRIES	00:55:04	00:57:33		01:52:37	
26	837	ZANDER SWART	00:56:34	00:57:29		01:54:03	
27	863	JEVAN SCHOMPER	00:55:06	01:00:03		01:55:09	
28	835	ROSARIO PEREIRA	00:53:45	01:05:41		01:59:26	
29	833	NATHAN PEREIRA	01:01:32	00:57:55		01:59:27	
30	832	JOHNATHAN ROBB	00:53:42	01:05:46		01:59:28	
31	834	REWAN OOSTHUIZEN	00:55:10	01:04:20		01:59:29	
32	813	JOSHUA TOMS	00:55:57	01:03:45		01:59:42	
33	836	RUAN RIEKERT	00:55:12	01:04:31		01:59:43	
34	849	MARCO DE WIT	00:59:57	01:04:23		02:04:20	
35	840	GRAHAM GREEFF	01:01:15	01:06:09		02:07:24	
36	842	CHRISTIAAN CLAASE	01:01:43	01:06:24		02:08:07	
37	825	DIRK KLEISCHMIDT	01:07:01	01:07:03		02:14:04	
38	838	CHAD LINDSAY	01:01:17	01:15:16		02:16:33	
39	810	HEIN MARTIN	01:05:41	01:13:01		02:18:43	
40	852	BRADLEY VAN ZYL	01:12:41	01:09:09		02:21:50	
41	809	MARTIN VERMEULEN	01:05:19	01:18:35		02:23:54	
42	808	TJAART DE WET	01:09:23	01:17:42		02:27:06	
	851	TONIE LOMBAARD	00:41:54			00:41:54	DNF
	845	JACQUES VENTER	00:49:16			00:49:16	DNF
	818	JAYDEN VAN VUUREN	00:58:51			00:58:51	DNF
	815	LUKE WILSON	01:06:28			01:06:28	DNF
	807	ADRIAN NEL	01:06:34			01:06:34	DNF
	830	AJ SMITH	01:06:42			01:06:42	DNF
	865	CAMERON CAPON	01:08:47			01:08:47	DNF
	804	VESHAN PILLAY	01:10:23			01:10:23	DNF
	817	XANDER NEL	01:15:27			01:15:27	DNF
	867	FAUCHE GROBLER	01:46:38			01:46:38	DNF
	839	EVAN MLADOVAN	02:15:50			02:15:50	DNF

Position	Race Number	Name	Lap1	Lap2	Lap3	Total Time	Comments
	801	HUGO VAN AS					DNF
	812	DYLAN BUYS					DNS
	814	WIL VILJOEN					DNS
	844	PHILIP MORKEL					DNS
	850	KEANU SELBY					DNS
	854	CAMERON CAPON					DNS
	858	EMJ DE BEER					DNS
	860	ETIENNE KROS					DNS
<b>Category: 60KM ELITE MALE</b>							
<b>1</b>	<b>1046</b>	<b>WICUS BREYTENBACH</b>	<b>00:43:59</b>	<b>00:46:53</b>	<b>00:48:39</b>	<b>02:19:32</b>	
<b>2</b>	<b>1044</b>	<b>FRANS NEL</b>	<b>00:45:47</b>	<b>00:46:44</b>	<b>00:49:16</b>	<b>02:21:47</b>	
<b>3</b>	<b>1048</b>	<b>JC NEL</b>	<b>00:45:51</b>	<b>00:48:30</b>	<b>00:52:25</b>	<b>02:26:46</b>	
4	1047	ERIK HEYNS	00:46:14	00:49:19	00:52:27	02:28:00	
5	1053	SHELDON MULLER	00:52:14	00:55:50	00:58:06	02:46:10	
6	1051	EUGENE ELLIOT	00:53:30	00:56:38	01:07:24	02:57:32	
7	1045	JUAN VAN DEN BERG	01:00:35	01:04:58	01:09:57	03:15:30	
	1056	RIKU LE ROUX	01:00:27			01:00:27	DNF
	1057	ANDRIES NIGRINI					DNS
	1052	STEPHAN VAN DER WALT					DNS
	1049	FREDDIE HUMPHRIES					DNS
<b>Category: 60KM MASTER MALE</b>							
<b>1</b>	<b>1996</b>	<b>FANIE VAN VUUREN</b>	<b>01:00:34</b>	<b>01:08:29</b>	<b>01:14:48</b>	<b>03:23:51</b>	
<b>Category: 60KM SUB VET FEMALE</b>							
<b>1</b>	<b>1401</b>	<b>ENGELA CONRADIE</b>	<b>01:06:42</b>	<b>01:17:54</b>		<b>02:24:36</b>	
<b>Category: 60KM SUB VET MALE</b>							
<b>1</b>	<b>1404</b>	<b>ARMAND DU TOIT</b>	<b>00:46:40</b>	<b>00:50:17</b>	<b>00:53:47</b>	<b>02:30:43</b>	
<b>2</b>	<b>1405</b>	<b>NEAL CORBETT</b>	<b>00:58:35</b>	<b>01:06:55</b>	<b>01:11:37</b>	<b>03:17:07</b>	
	1402	DARRYL IRVINE					DNS
	1403	RITSHIDZE MULAUDZI					DNS
<b>Category: 60KM VET MALE</b>							
<b>1</b>	<b>1633</b>	<b>ANDRE TERLOUW</b>	<b>00:57:10</b>	<b>00:59:09</b>	<b>01:05:58</b>	<b>03:02:17</b>	
<b>2</b>	<b>1629</b>	<b>BERTUS ANDERSON</b>	<b>01:00:00</b>	<b>01:01:59</b>	<b>01:04:42</b>	<b>03:06:42</b>	
	1627	CHARL ERASMUS	00:53:59	01:05:46		01:59:45	DNF