TAKE GOOD CARE OF YOURSELF

Take Good Care of Yourself was originated in Amsterdam in August 2000.

The leaves of the Sanseveria Trifasciata (Mother-in-Law’s Tongue, bayonet plant) were embroidered together with gold thread. The living potted plant was attached to a battery operated ‘bump and go’ motorised base. In the soil was embedded a speaker from which emanated a shrill ditty: Take Good Care of Yourself. Its size was 23cm diameter x 35cm. In October 2000 Take Good Care of Yourself was confiscated and quarantined by the South African Customs and Excise at Cape Town International Airport en-route from Amsterdam. TGGCY was examined for alien-soil related diseases, which confirmed contamination. The stills shoot of the The Last Hour of TGGCY took place at the Plant Protection Unit outside Stellenbosch.

TGGCY, and all it’s components were incinerated...

Images: Abrie Fourie and Nick Aldridge

THE STILL LIFE

Approximately 2 hour performance piece. Drying/dying flower arrangements, attached to battery-operated ‘bump and go’ motorized bases, careen across the rubberized platform bumping each other. Finally the piece comes to a standstill when the vases fall over, the motors burn out, or the batteries run flat.

Sound by James Webb

Platform dimensions: 3.5m x 3m x 7cm

Floral arrangements vary in size

2000