SASCRS 2013

It will be the 15th time that this congress, a major event for the Southern African Ophthalmology community, is held and this time at the Royal Livingstone & Zambesi Sun Hotels, Livingstone, Zambia, on the banks of the Zambesi River and the Victoria Falls - “Mosi oa Tunya” (“The Smoke that Thunders”). Pictures cannot do it justice. You have to experience Zambia yourself as it is home to one of the seven natural wonders of the world, the magnificent Victoria Falls, not to mention the wetlands, vast open spaces, birdlife and Big-5 to live for!
(Zambia Tourism Board: http://zambiatourism.com/welcome.htm)

Congress Theme "What is new in Cataract and Refractive Surgery?"

Congress Opportunities
• It is a scientific conference inviting scientists and researchers from all over the world to participate.
• The Congress will offer opportunities for the young generation of scientists and developers from all regions in South Africa as well as all Southern African countries in particular to be introduced to cutting edge international Research and Development of prevention of blindness of the future.
• The event will include advertising opportunities for both local and international exhibitors, focusing on ophthalmological resources and products.

Key Objectives
• To ensure a stimulating world-class scientific congress in a relaxing environment;
• To promote and increase the use of modern technology;
• To promote the use of affordable resources to positively impact on the quality of life for future generations;
• To develop future opportunities for world-wide networking;
• To jointly seek solutions which are consistent with affordable, environmentally sound and socially acceptable principles.

SASCRS Executive Committee

President: Prof Andries A Stulting
Imm. Past President: Dr Jan Talma
Finances: Dr Asher Saks
Additional Members: Dr Harold König, Dr Michael Muller, Dr Frik Potgieter, Dr Marius Pretorius

Regional Chairs
KZN: Dr Malcolm Carey
W Cape: Dr Etienne van Aswegen
F State & N Cape: Dr Chris Gouws
E Cape: Dr Janet Edeling
Gauteng South: Dr Mark Deist
Gauteng N, NW & Mpumalanga: Dr Daniel Kritzinger

SASCRS Honorary Members

Mr Peter Choyce
Maurice John MD
Dennis Shepard MD
Spencer Thornton MD
James Hays MD
Prof Harold Stein MD
Howard Fine MD
Hideworthy Fukasaku MD
Klaus Ditzen MD
Michael Knoz MD
Charles Casebeer, MD
John Corboy MD
Dr Marius Pretorius

SASCRS 2013 Organising Committee

Congress Chair: Dr Asher Saks
Scientific Programme & Abstracts: Prof Andries A Stulting
Social Programme: Dr Hubrecht Brody

Organisers - Consider It Done

PCO & Secretariat: Christi Truter
E-mail christitruter@me.com or ct@pop.co.za
Tel +27 (0)82 219 3770
Fax +27 (0)86 505 3686

Registrations:
E-mail sascrs@consider-it-done.info
Address: P O Box 9675, Centurion 0046, South Africa

Finances - Mrs Judith Morgan
E-mail judith@pop.co.za
Tel +27 (0)83 781 4786

Congress & Safari Tours - Signature Tours
Mr Jannie Loubser: E-mail jannie@signaturetours.co.za
http://www.signaturetours.co.za/conference/sascrs2013/

Congress Websites
http://www.signaturetours.co.za/conference/sascrs2013/
Update 2013/06/01

Preliminary Programme Outline

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<th>Time</th>
<th>Morning</th>
<th>Afternoon</th>
<th>Evening</th>
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<td>Sat</td>
<td></td>
<td>Arrivals Hotels Check-in</td>
<td>Welcome Cocktail Party</td>
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<td>Mon</td>
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<td>Accompanying Guest Activities</td>
<td>“Zambezi-drift” Sponsoring by Allergan Free evening</td>
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<td>Wed</td>
<td>Academic Session and Close of Congress</td>
<td>Departures and airport shuttles 11:00 Chobe Safari Congress Tour departure 13:00</td>
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Pre- & Post Congress Tours
http://signaturetours.co.za/conference/sascrs2013/

Faculty

Confirmed:
- Dr Alan Aker
- Prof Michael Belin
- Mr Glenn Carp
- Dr John Corboy
- Mr Arthur Cummings
- Dr Klaus Dietzen
- Dr Hideharu Fukuasaku
- Prof Andrzej Grzybowski
- Dr Jim Hays
- Prof Michael C Knoz
- Dr Dagobert Lerch
- Dr Robert (Bob) Osher
- Dr Steve Schallhorn
- Prof Spencer F Thornton
- Ms Ellen Troyer
- Dr Jan Venter
- Prof Lucy HY Young

To be confirmed:
- Dr Noel Alpins
- Dr Renato Ambrosio
- Dr Maria Clara Arbelaez
- Dr (Col) Scott D Barnes
- Dr William Boni
- Dr Massimo Busin
- Prof David Chang
- Dr Bill Fishkind
- Dr Stan Franks
- Dr Arun Gulani
- Dr Barrett Haik
- Dr Warren Hill
- Dr Mitchell A Jackson
- Dr Boris Malyugin
- Prof Jonathan Rubenstein
- Dr Stephen Slade
- Dr Darrell Williams

Programme Topics Include

- A comparative study of the AcrySof® IQ ReSTOR® IOL, the LENTIS® Mplus IOL and the FineVision PhysIOL trifocal IOL used in cataract operations.
- Addressing Astigmatism: Toric IOLs, LRL, Measuring Surgically Induced Astigmatism, and How to integrate it all into your practice.
- Artemis keratoconus screening based on epithelial thickness profiles and patterns
- Corneal cross linking with corneal moulding combined. Outcome of 4 cases at 10 months follow up
- Cataract Surgery Challenging Cases
- Comprehensive Anterior Segment Normal Values generated by Rotatory Scheimpflug Tomography
- Conservative surgical approaches in the management of keratoconus and other ectatic corneal conditions.
- Corneal cross linking: low-intensity versus high intensity outcomes
- Corneal Pachymetry: New ways to look at an old measurement
- Customized Ablations: Where have we come from and where are we going?
- Death of Posterior Capsule Opacification
- DSAEK Techniques: Transitioning to DSAEK
- Ectasia Risk Score: Is it applicable?
- Evolution of the Surgical Correction of Astigmatism
- Global Trends in Excimer and Femto Technologies
- IFIS - Update 2013
- Improving Cataract Outcomes by Correcting Residual Refractive Error after PremIOL Implantation
- Initial evaluation of a new aberrometer to perform Wavefront-Guided LASIK
- Initial Experience With New OR Technologies: Femtosecond Lasers, Intra-Operative Aberrometry, and more.
- Initial experience with Presbymax Lasik for presbyopia
- IOL Calculations in Tough Situations: Highly Myopic Eyes, Small Hyperopic Eyes, Post-RK Eyes, Post-LASIK/PRK Eyes, Refractive Surprises
- Laser Blended Vision for presbyopia
- Laser PRK not PTK: Corneal Scars Straight to 20/20 Vision
- Laser refractive cataract surgery with a femtosecond laser: is it really better?

Multifocal Toric Intraocular Lens with an Inferior Segmental Near Add
- Ophthalmic Humanitarianism: Rewards in Retirement
- Optimizing Refractive Surgery Outcomes Utilizing Outcomes Analysis Software
- Overview of Corneal Inlays – Are they a Viable Solution for Presbyopia
- Patient satisfaction: myth busters after LASIK
- Phaco
t
- Primary versus secondary LASIK procedures: safety and efficacy
- Re
t
- Reversing Multifocal Lens Nightmare to 20/20
- Series of challenging cases
- Subtenon’s Anaesthesia in more than 40,000 cataract and refractive cases
- Sulcus Mplus
- The dangers of corneal presbyopia correction
- The Dropped Nucleus
- The effects of cataract surgery on age-related macular degeneration and diabetic retinopathy, and the management of post-op CME
- The role of anti-VEGF application in the management of corneal neovascularization.
- Why We Said ‘NO’ to Femto

Course: Nutritional Biotechnology in Ophthalmology
Ophthalmic Personnel: Practice Management & Lifestyle
Video Symposium: Challenging Cases & Management of Complications
Workshops:
- Workshop Facilitated by: Torsional, Toric, RESTOR® and LENSX®
- Understanding Elevation Based Tomography: From basics to refractive screening
- Toric lenses and New Alignment Technologies, New Technologies Like Autosert
• Social Programme (updated 20130404)

• Saturday - Welcome Cocktail Party
  20:00 - Cocktail dinner and entertainment at the Royal Livingstone Hotel

• Sunday - Christian Prayer Breakfast
  Start the day with an inspirational breakfast
  Organised by Prof Andries Stutling

• Sunday - Gala Dinner
  “Colonial Explorers” gala dinner at Royal Livingstone Hotel
  The social highlight of the Congress - not to be missed!

• Monday - Sunset Cruise
  15:45 - “Zambesi Drift” sunset cruise Sponsored by Allergan
  The rest of the evening is free and dinner is for your own account.
  Dinner Options:
  a) Royal Livingstone Hotel Restaurant: Booking essential
  b) Zambezi Sun Hotel Restaurant: Booking essential
  Live music at the pool deck

• Tuesday - “Fare thee well” Boma Dinner
  Enjoy buffet-style cuisine and entertainment true to Zambia, at the Boma, under the stars.

• Any day - Dinner alternative: “Steam Locomotive Fantasy”
  A train journey amidst the Funtamed natural Zambian bushweld Livingstone Express, a vintage first class Lounge carriage pulled by either a 10th class No. 156 or a 12th class No. 204 locomotive, and enjoy a 5-course gourmet dining experience rooted in the nostalgia of a bygone era.
  Departure 17:00 - Duration of the journey and dinner is 5 hours - Arrive back at hotel: 22:00
  Cost R1,900.00 pp Bookings essential.
  Individual bookings are in order, but this excursion will be cancelled if the total number of guests is less than 20x.

• Air Travel Between Johannesburg and Livingstone
  South African Airways - (http://www.flysaa.com)
  British Airways - (http://www.ba.com)
  Travel website: travelstart.co.za
  - Rates from R3500 / US$5389 if you book well in advance
  - Departures from OR Tambo Johannesburg airport:
    - between 10:00 and 12:00.
  - Departures from Livingstone: between 13:00 and 15:00.

  Passports & Visas
  - All passengers will need a valid passport
  - Visas to enter Zambia are obtainable at port of entry @ approximately US$50
  - SA citizens to not need a Visa

• Health & Safety
  It is a Malaria area.
  Although it is very cool in the evenings during August and presumed “safe”, it is advisable to take malaria prophylaxis, as well as use Mosquito repellent creams & sprays from sunset to sunrise.

  Yellow Fever Vaccination
  Yellow fever vaccination is a “requirement for travellers returning from Zambia to South Africa”. Please enquire if your country of origin requires yellow fever inoculation.

• Leisure Activities
  Helicopter / Microlight flights
  Elephant interaction
  Elephant-back safari
  White-water rafting
  Fun-drifting on the river
  River cruises
  Livingstone Island Tour
  ... and more....
  Information and bookings:
  http://signaturetours.co.za/conference/sascrs2013/

• Accommodation and Airport Transport
  Hotel and shuttle reservation available on www.sascrs.com
  Rates quoted are discounted for SASCRS 2013 delegates.
  Rates are per person per night including breakfast.
  Royal Livingstone (5 star luxury accommodation)
  R 1,793.50 pp Double room  R 3,179.00 pp Single room
  Zambezi Sun (3 star) (Accommodation & main congress venue)
  R 1,024.25 pp Double room  R 1,946.50 pp Single room
  Airport shuttle R127.50 per person one way transfer
  http://www.suninternational.com/Destinations/Resorts/FallsResort
  t: +260 21 3 321122  f: +260 03 321128
Fly with SASCRS Charter Plane!

We have a charter plane for the exclusive use of the SASCRS 2013 congress participants - O R Tambo Johannesburg Airport / Livingstone Airport return.

Cost: Approx R5,000-R5200 per person return, including taxes

Price will be finalized when we’ve determined the number of passengers. Due to high demand, the scheduled airline prices have increased to app R5,900 pp.

Please indicate if you would join the flight and the number of seats to be reserved. This will enable us to determine the size of the aircraft required and finalize the tariff.

One-way tickets are also available @ Approx R2800 for those requiring return travel at a different date/time. Or returning from the Chobe post congress tour.

17 AUG 14:00 Charter Departures from O R Tambo Johannesburg

11:00-12:00 “Meet & Greet”, Check-in, Registration, Luggage tagging and welcome. Passengers flying in from other regions: Refer flight schedule below.

15:30 Arrive at Livingstone Airport, clear customs and transfer to hotels.

14:00-13:30 Charter Departures from Livingstone Airport

At the time of going to print there are a limited number of seats available @ R3600 - Send your details to Christi on E-mail sascrs@consider-it-done.info or christitruter@eme.com (Tel: +27 (0) 82 2193770)

15:15-16:00 ETA at O R Tambo Johannesburg. We suggest that international connecting flights NOT depart sooner than 19:00.

Quotations / Reservations: E-mail a copy of your passport and requirements to: sascrs@consider-it-done.info (Alt christitruter@me.com)

About the Charter Flights: Christi Truter (E: christitruter@me.com T: +27 (0) 82 219 3770) or Dr Ian Talma (T: +27 (0) 11 343 2250 / +27 (0) 82 553 1539)

- Type of aircraft will be finalized when we have the number of passengers. It will be a Canadian CRJ (50pax), DC9 (80pax) or Boeing 737 (110pax). The same models used by Airlink, SAA and Comair.

- Customers of the charter companies include SA and international sport teams, Volkswagen, Mercedes, SA Defense Force and International celebrities.

SASCRS Charter passengers from other regions and countries

- Inbound flights on 17/8 from other regions to OR Tambo Johannesburg: When booking your flight please keep in mind that you have to collect your luggage and make your way to International Departures terminal as the Charter departure time is scheduled for 14:00.

- Connecting flights: 21/8 to other regions on your return: When booking your flight please allow time for disembarkation, customs procedures and baggage collection.

Suggested departure time to NOT be sooner than 17:00 for domestic flights, 19:00 for International flights.

Suggested flight timetables for SASCRS Charter passengers from other regions:

The schedules below are only suggested flights with estimated time of arrival/departure. Ask your travel agent or visit airline websites for updated and complete timetables.

**BLOEMFONTEIN**

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**CAPE TOWN**

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**PORT ELIZABETH**

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**Important Information**

When arriving at the port of entry in ZAMBIA have the following ready:

1. Passport - All passengers need a passport valid for six months from the date of entry.

2. Air ticket/s and flight / tour itinerary.

3. Visas: Tourist Visas to enter Zambia are obtainable at port of entry @ US$50. SA citizens do NOT need a visa.

4. Visa Fees are payable in cash only: US$20 or equivalent currency. You cannot pay for visa fees with your credit card.

5. Proof of Yellow Fever vaccination - requirement for travellers returning from Zambia to South Africa. Visit the Zambian immigration websites regularly for updates.

Malaria

- Malaria risk mainly due to P. falciparum exists throughout the year in almost all areas of Zambia and the Northern parts of Botswana.

- Malaria risk due to the serious form throughout the year in all areas in Zambia and Botswana.

- It is recommended to take malaria prophylaxis. Please check with your doctor about suitable antimalarial tablets.

- Malaria precautions are essential. Avoid mosquito bites by application of DEET containing repellants (Peaceful Sleep/Tabard) at sunset and before retiring

- When possible sleep under a bed-net.

- It is recommended to take Yellow Fever vaccination. Please check with your doctor about suitable antimalarial tablets.

- Yellow fever is spread by mosquito bites and the vaccination certificate is required from travellers over 9 months of age coming from areas with risk of yellow fever transmission.

- A certificate is also required from travellers who have been in transit for more than 12 hours in the airport of a country with risk of yellow fever transmission.

- It is recommended that the Yellow Fever injection be taken at a travel clinic at least two weeks prior to departure to Zambia.

- Be sure to obtain documentary evidence to present to authorities on your return.

- When should not get Yellow Fever vaccine?

- If you do NOT get the vaccination, you will be required to present a waiver letter from your travel clinic.

- Infants younger than 6 months of age should not get the vaccine.

- In addition, anyone with a severe allergy to any part of the vaccine, including eggs, chicken proteins, or gelatin should not get the vaccine.

- Anyone who has had a severe reaction to a previous dose of yellow fever vaccine should not be vaccinated again.

If you have any of the following conditions, your healthcare provider can help you decide whether you can safely receive the vaccine:

- HIV/AIDS or other disease that affects the immune system | Thymus disorder | Adults 60 years of age and older | Infants 6 - 8 months of age | Pregnant women and nursing mothers

- Weakened immune system as a result of cancer or other medical conditions, transplant, or drug treatment (such as steroids, chemotherapies, or others that affect immune function).

- Discuss the Yellow Fever vaccination with your travel doctor