

XCOSA Race #3 Results : Thaba Trails - 27 Jul 13

Position	Nr	Name	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Total Time	Lap Ave
Category: SPROGS BOYS											
	1	213 Nathan Badenhorst	00:21:02	00:22:18						00:43:20	00:21:40
Category: SUB JUNIOR BOYS											
	1	410 Wybrand De Kock	00:30:57	00:33:43	00:34:09	00:35:04				02:13:52	00:33:28
Category: ELITE WOMAN											
	1	1022 Antoinette Roux	00:27:01	00:31:28	00:35:17					DNF	00:31:15
Category: VET WOMAN											
	1	1436 Lauren Wolff	00:21:04	00:21:48	00:22:19	00:22:47				01:27:57	00:21:59
Category: MASTER WOMAN											
	1	1612 Riana Howlett	00:18:53	00:20:15	00:19:28					00:58:36	00:19:32
	2	1610 Heather Trumble	00:37:27	00:39:41	00:39:43					01:56:51	00:38:57
Category: JUNIOR MEN											
	1	804 Frans Nel	00:15:22							DNF	00:15:22
Category: ELITE MEN											
	1	1024 Deon van der Merwe	00:15:24	00:16:36	00:16:55	00:17:00	00:17:12	00:17:21	00:18:11	01:58:39	00:16:57
	2	1023 Shannon Fisher	00:24:17	00:26:18	00:28:20	00:30:12				01:49:07	00:27:17
Category: SUB VET MEN											
	1	1254 Rowan Grobler	00:14:18	00:15:38	00:15:21	00:15:17	00:15:27	00:15:12		01:31:12	00:15:12
	2	1252 Nick Porteous	00:14:20	00:15:26	00:15:33	00:15:54	00:16:38	00:17:11		01:35:03	00:15:51
	3	1244 Mathys Koekemoer	00:17:23	00:15:34	00:15:28	00:15:42	00:15:43	00:15:49		01:35:40	00:15:57
	4	1253 Andrew Grobler	00:14:35	00:15:48	00:16:16	00:16:20	00:16:35	00:16:52		01:36:27	00:16:05
	5	1255 Rick Diesel	00:15:31	00:16:32	00:17:09	00:17:17	00:17:33	00:17:26		01:41:28	00:16:55
	6	1250 Stuart Gower-Jackson	00:15:55	00:16:51	00:17:18	00:17:28	00:17:28	00:17:18		01:42:19	00:17:03
	7	1256 Jarrad Van Zuydam	00:15:54	00:16:58	00:17:31	00:18:16	00:18:19	00:17:48		01:44:47	00:17:28
	8	1248 Michael Maine	00:16:17	00:16:58	00:17:06	00:17:27	00:18:23	00:19:14		01:45:25	00:17:34
	9	1251 Ian Caldwell	00:18:26	00:19:22	00:20:21	00:19:33	00:19:30	00:20:03		01:57:15	00:19:33
	10	1247 Christiaan Pretorius	00:18:44	00:19:57	00:21:06	00:21:32	00:22:45			01:44:04	00:20:49
	11	1249 Ian Morrison	00:18:16	00:18:39						DNF	00:18:28
	12	1245 Louis Anderson								DNF	00:00:00
	13	1246 Lourens du Preez								DNF	00:00:00
Category: VET MEN											
	1	1442 Sean O'Flynn-Maddon	00:15:31	00:16:12	00:16:25	00:16:54	00:17:16			01:22:18	00:16:28
	2	1446 Glen Brydges	00:16:16	00:15:48	00:16:57	00:17:01	00:17:02			01:23:04	00:16:37
	3	1445 Philip Vermeulen	00:17:14	00:17:36	00:18:12	00:18:12	00:18:15			01:29:28	00:17:54
	4	1444 Simon Grimbeek	00:18:20	00:18:37	00:19:18	00:19:37	00:19:27			01:34:19	00:19:04
	5	1441 Paul Rossouw	00:17:11	00:18:19	00:19:23	00:19:41	00:21:27			01:36:00	00:19:12
	6	1439 Sean Wheeler	00:18:14	00:19:47	00:19:48	00:20:57	00:21:59			01:40:45	00:20:09
	7	1440 Sean Golightly	00:19:30	00:20:06	00:20:56	00:21:03	00:20:43			01:42:18	00:20:28
	8	1443 Rafal Bryla	00:19:50	00:20:52	00:20:38	00:20:55	00:21:27			01:43:42	00:20:44
	5	1438 Dou Weich	00:21:26	00:22:53	00:22:31	00:22:55				DNF	00:22:26
	6	1437 Heinrich Weich	00:21:23	00:22:52	00:22:27	00:23:18				DNF	00:22:30
		1435 Jide Akinwale	00:30:37							DNF	00:00:00
Category: MASTER MEN											
	1	1613 Pierre Nel	00:17:28	00:18:17	00:18:30	00:18:27				01:12:42	00:18:10
	2	1611 Glen Heuvel	00:21:43	00:21:19	00:22:10	00:23:30				01:28:42	00:22:10
Category: GRAND MASTER MEN											
	1	1812 Bruce Williams	00:19:00	00:20:11	00:20:17					00:59:28	00:19:49