

# St Stephen's, Canonbury

## Holy Communion Autumn 2020

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

God so loved the world that he gave his only Son Jesus Christ  
to save us from our sins, to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith, firmly resolved to keep God's  
commandments and to live in love and peace with all.

**Almighty God,  
our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past,  
and grant that we may serve you  
in newness of life  
to the glory of your name. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord. **Amen.**

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit,  
**We believe in God our Father,  
Creator of the universe and all that is in it,  
Who holds all things in the palm of his hand.  
We believe in God the son,  
Born of Mary, crucified, dead and buried,  
Who rose again that we might live.  
We believe in the Holy Spirit,  
Gift of God, comforter and guide,  
In whom we are made new.  
We believe in God, Father, Son and Holy Spirit,  
Who invites us into the eternal dance of joy,  
Where all things are made beautiful in their time. Amen**

Prayers of intercession

**Readings**

**Reflection**

Communion

This is the table, not of the Church, but of the Lord.

It is to be made ready for those who love him  
and who want to love him more.

So, come,

you who have much faith and you who have little,

you who have been here often and you who have not been for a long time,

you who have tried to follow and you who have failed.

Come, not because I invite you: it is our Lord.

It is his will that those who want him should meet him here.

Jesus came to seek the lost; to heal the sick, free the captive and restore the broken. We give thanks for His unfailing love.

**Lord God, who makes all things new, we thank You for coming to us, becoming one of us, carrying our shame and our pain, and opening the way to life. We lift up our hearts to honour You, and to give You thanks.**

As part of His work of healing, Jesus left us this sacrament; to remind us of His love, to invite us into His grace, and to extend to us His renewal.

So, we remember: at His last meal with His friends before He died, Jesus took bread, blessed and broke it, and then shared it saying: This is my body broken; eat it and remember Me

After they had eaten, He took wine, blessed it, and shared it saying: This is my blood shed; drink it and remember Me.

And so we eat and drink with thanks, and we remember the sacrifice of Jesus which makes us whole. **Amen.**

As our Saviour taught us, so we pray

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

This bread is broken that we may share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,

Eat in remembrance that he died for you,

and feed on him in your hearts by faith with thanksgiving.

*You are invited to come forward to receive Communion. Please use the hand sanitizer as directed and wear your face covering as you come forward. Please take the bread back to your place before consuming it.*

*After all have received Communion, we pray*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

The Blessing

The peace of God, which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit,  
be among you, and remain with you always.

**Amen**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**