

Position	Race Number	Name	Total Laps	Current Lap	Laps Left	Start Time	Lap1	Lap2	Lap3	Lap4
Category: Elite Men										
1	1011	Ryners Barnard	7	5	2	12:00:35	00:15:13	00:17:52	00:20:18	00:21:13
Category: Grand Master Men										
1	1801	Ian Buchanan	4	4	0	12:00:35	00:19:42	00:22:07	00:21:37	00:21:41
Category: Master Men										
1	1603	Kevin Lombard	4	4	0	12:00:35	00:17:53	00:18:44	00:19:11	00:18:57
Category: Sprog Boys										
1	206	Devon De Klerk	3	2	1	10:00:34	00:54:15	-	-	-
Category: Sub Junior Boys										
1	405	Aldin Haupt	4	4	0	10:00:34	00:18:01	00:18:31	00:19:36	00:20:10
2	408	Willie Nel	4	4	0	10:00:34	00:18:56	00:19:53	00:21:10	00:23:36
3	407	CJ van eyk	4	4	0	10:00:34	00:19:49	00:21:58	00:23:44	00:27:29
Category: Sub Veteran Men										
1	1220	Julius Cobbett	6	6	0	12:00:35	00:15:18	00:15:22	00:16:39	00:16:02
2	1223	Antonio Silva	6	6	0	12:00:35	00:15:45	00:16:13	00:17:24	00:17:59
3	1222	Freddie Fourie	6	6	0	12:00:35	00:16:19	00:17:04	00:17:25	00:17:19
4	1221	Berend De Schouwer	6	6	0	12:00:35	00:21:00	00:22:03	00:21:33	00:23:32
Category: Veteran Men										
1	1422	Sean O'Flynn-Madden	5	5	0	12:00:35	00:16:26	00:17:50	00:17:38	00:18:10
2	1417	Dimitri Gutjahr	5	5	0	12:00:35	00:18:37	00:19:23	00:19:13	00:19:09
3	1419	yair shukor	5	5	0	12:00:35	00:18:28	00:18:59	00:20:05	00:20:00
4	1421	Paul Rossouw	5	5	0	12:00:35	00:17:57	00:19:16	00:20:31	00:21:48
5	1414	Deon Duvenage	5	5	0	12:00:35	00:21:49	00:21:49	00:23:21	00:22:42
Category: Veteran Women										
1	1418	Gardi Kriek	4	4	0	10:00:34	00:21:42	00:22:27	00:22:16	00:21:47
Category: Youth Men										
1	609	Frans Nel	5	5	0	12:00:35	00:14:55	00:15:33	00:16:57	00:16:30
2	606	Franco Van Vreeden	5	5	0	12:00:35	00:18:03	00:19:53	00:21:08	00:20:17
3	607	Kobus Wagner	5	5	0	12:00:35	00:21:04	00:20:58	00:22:00	00:22:46
4	608	Ivan Van Staden	5	4	1	12:00:35	00:22:34	00:30:11	00:55:15	-

Lap5	Lap6	Total Time	Finished
-	-	01:14:36	No
-	-	01:25:07	Yes
-	-	01:14:45	Yes
-	-	00:54:15	Yes
-	-	01:16:18	Yes
-	-	01:23:35	Yes
-	-	01:33:00	Yes
00:16:13	00:17:46	01:37:19	Yes
00:17:40	00:17:14	01:42:15	Yes
00:17:14	00:18:24	01:43:45	Yes
00:22:46	00:25:23	02:16:16	Yes
00:18:49	-	01:28:54	Yes
00:19:51	-	01:36:13	Yes
00:20:06	-	01:37:38	Yes
00:21:12	-	01:40:44	Yes
00:21:31	-	01:51:13	Yes
-	-	01:28:12	Yes
00:16:01	-	01:19:55	Yes
00:21:11	-	01:40:32	Yes
-	-	01:26:48	No
-	-	01:48:00	No